

CLIENT INFORMATION FORM

Name: _____ Date: _____
 Address: _____ Gender: _____
 City: _____ State: _____ Zip: _____ Date of Birth: _____
 Social Security Number: _____

Contact Telephone Numbers

Please complete relevant information and indicate the number at which you wish to be contacted first.

PHONE NUMBERS	OK to leave Messages?		Primary Contact number?
	Yes	No	
Home: () _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Work: () _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cell: () _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Email address: _____

Marital Status

Single Divorced(____years) Living as married(____years)
 Married (____years) Separated(____years) Widowed(____years)

Emergency Contact Information

Name: _____ Relationship to you: _____

Home: () _____ Work: () _____

Cell: () _____

Primary Care Physician

Current Physician: _____

Physician's Address: _____

Physician's Phone #: _____ Physician's Fax #: _____

By who were you referred?

Therapist notes:
Init:

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REPRESENTING PROBLEMS AND CONCERNS

Describe the problem that brought you here today: _____

Please check all the behaviors and symptoms that you consider problematic:

- | | | |
|--|---|--|
| <input type="checkbox"/> Distractibility | <input type="checkbox"/> Change in Appetite | <input type="checkbox"/> Suspicion/Paranoia |
| <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Lack of Motivation | <input type="checkbox"/> Racing Thoughts |
| <input type="checkbox"/> Impulsivity | <input type="checkbox"/> Withdrawal from People | <input type="checkbox"/> Excessive Energy |
| <input type="checkbox"/> Boredom | <input type="checkbox"/> Anxiety/Worry | <input type="checkbox"/> Wide Mood Swings |
| <input type="checkbox"/> Poor Memory/Confusion | <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> Sleep Problems |
| <input type="checkbox"/> Seasonal Mood Changes | <input type="checkbox"/> Fear Away from Home | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Sadness/Depression | <input type="checkbox"/> Social Discomfort | <input type="checkbox"/> Eating Problems |
| <input type="checkbox"/> Loss of Pleasure/Interest | <input type="checkbox"/> Obsessive Thoughts | <input type="checkbox"/> Gambling Problems |
| <input type="checkbox"/> Hopelessness | <input type="checkbox"/> Excessive Behavior | <input type="checkbox"/> Computer Addiction |
| <input type="checkbox"/> Thoughts of Death | <input type="checkbox"/> Aggression/Fights | <input type="checkbox"/> Pornography Problems |
| <input type="checkbox"/> Self-Harm Behaviors | <input type="checkbox"/> Frequent Arguments | <input type="checkbox"/> Parenting Problems |
| <input type="checkbox"/> Crying Spells | <input type="checkbox"/> Irritability/Anger | <input type="checkbox"/> Sexual Problems |
| <input type="checkbox"/> Loneliness | <input type="checkbox"/> Homicidal Thoughts | <input type="checkbox"/> Relationship Problems |
| <input type="checkbox"/> Low Self Worth | <input type="checkbox"/> Flashbacks | <input type="checkbox"/> Work/School Problems |
| <input type="checkbox"/> Guilt/Shame | <input type="checkbox"/> Hearing Voices | <input type="checkbox"/> Alcohol/Drug Use |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Visual Hallucinations | Other: _____ |

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Are your problems affecting any of the following?

- Handling Everyday Tasks Self-Esteem Relationships Hygiene
 Work/School Housing Legal matters Finances
 Recreational Activities Sexual Activity Health

Yes No Have you ever had thoughts, made statements, or attempted to hurt yourself? If yes, please describe: _____

Yes No Have you ever had thoughts, made statements, or attempted to hurt anyone else? If yes, please describe: _____

Yes No Have you recently been physically hurt or threatened by someone else? If yes, please describe: _____

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FAMILY AND DEVELOPMENTAL HISTORY

Relationship	Name	Age	Quality of Relationship	Family Mental Health Problems	Who?
Mother				Hyperactivity	
Father				Sexually Abused	
Stepmother				Depression	
Stepfather				Manic Depression	
Siblings				Suicide	
				Anxiety	
				Obsessive-compulsive	
				Panic Attacks	
Spouse/partner				Anger/Abusive	
Children				Schizophrenia	
				Eating Disorder	
				Alcohol Abuse	
				Drug Abuse	

- Parents legally married or living together Mother remarried: Number of times _____
 Parents temporarily separated Father remarried: Number of times _____
 Parents divorced or permanently separated Who are you currently living with?

Please check if you have experienced any of the following trauma or loss:

- Emotional Abuse Neglect I Lived in Foster Home
 Sexual Abuse Violence in the Home Multiple Family Moves
 Physical Abuse Crime Victim Homelessness
 Parent Substance Abuse Parent Illness Loss of a Loved One
 Teen Pregnancy Placed a Child for Adoption Financial

Therapist Notes:
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Do you have a Psychiatric Advanced Directive? Yes___ No___

If yes* -

Where is it located? _____

*The Community Counseling Center will need to place a copy of your Psychiatric Advanced Directive in your chart.

If no* -

Would you like The Community Counseling Center to provide you with a copy of a Psychiatric Advanced Directive? Yes___ No___

PREVIOUS MENTAL HEALTH TREATMENT

Yes	No	Type of Treatment	When?	Provider/Program	Reason for Treatment
		Outpatient Counseling			
		Medication (mental health)			
		Psychiatric Hospitalization			
		Drug/Alcohol Treatment			
		Self-help/Support Groups			

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MEDICAL INFORMATION

Date of last physical exam: _____

Have you experienced any of the following medical conditions during your lifetime?

- | | | | |
|---|-------------------------------------|---|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Asthma | <input type="checkbox"/> Headaches | <input type="checkbox"/> Sexually transmitted disease |
| <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> Surgery | <input type="checkbox"/> Serious Accident | <input type="checkbox"/> Head injury |
| <input type="checkbox"/> Dizziness/Fainting | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hearing problems | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> High Fevers | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Seizures | <input type="checkbox"/> Vision Problems |
| <input type="checkbox"/> Stomach Aches | <input type="checkbox"/> Abortion | <input type="checkbox"/> Sleep disorder | <input type="checkbox"/> Other: _____ |

Please list any **CURRENT** health concerns: _____

Current Prescription medications: None

Medication	Dosage	Date First Prescribed	Prescribed by

Current over-the-counter medications (including vitamins, herbal remedies, etc.) _____

Allergies and/or adverse reactions to medications: None If yes, please list: _____

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INTERPERSONAL/SOCIAL/CULTURAL INFORMATION

Please describe your social support network (check all that apply):

- Family
 Neighbors
 Friends
 Students
 Co-workers
 Support/Self-Help Group
 Community Group
 Religious/Spiritual Center (which one? _____)

To which cultural or ethnic group do you belong? _____
 If you are experiencing any difficulties due to cultural or ethnic issues, please describe: _____

How important are spiritual matters to you?
 Not at all
 Little
 Somewhat
 Very much

Please describe your strengths, skills, and talents? _____

Describe any special areas of interest or hobbies (art, books, physical fitness, etc.) _____

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MISCELLANEOUS INFORMATION

Employment

Employer: _____ Position: _____

Length of time in this position: _____ Job Duties: _____

Stress level of this position:
 Low
 Medium
 High

Other jobs you have held: _____

Education

Yes
 No
 Are you currently attending school?

High School Graduate
 GED Year _____

Associates Degree
 Year _____ Major area of study _____

Undergraduate Degree
 Year _____ Major area of study _____

Graduate Degree
 Year _____ Major area of study _____

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Military Service

Yes No Have you been or are you currently in the military? (If no, skip remainder of this section)

Branch _____ Date of Discharge _____ Type of Discharge _____

Yes No Were you in combat?

Legal

Yes No Have you ever been convicted of a misdemeanor or felony? If yes, please explain

Yes No Are you currently involved in any divorce or child custody proceeding? If yes, please explain _____

Legal Matters	Who
Current Legal Status:	
Charges:	
Probation:	
Custody Issues:	
Restraining Orders:	

Therapist:
Initial: